

# HITS THE SPOT YOGA

with Scott Willis

## Fall/Winter Semester

September 7, 2020 - February 20, 2021

Day	Time	Class	Class Mtgs	Fee If paid by Aug 31	Fee If paid by Sept 12	WSESU Hospital, Retreat
<b>Monday</b>	4:00-5:15pm	Beginning/Intermediate	22	\$242	\$264	\$220
	5:45-7:00pm	Beginning/Intermediate	22	\$242	\$264	\$220
<b>Tuesday</b>	9:15-10:30am	Beginning/Intermediate	22	\$242	\$264	\$220
	4:00-5:15pm	Yoga Flow–Meditation in Motion	22	\$242	\$264	\$220
	5:45-7:00pm	Intermediate	22	\$242	\$264	\$220
<b>Wednesday</b>	9:15-10:30am	Beginning	22	\$242	\$264	\$220
	5:30-6:45pm	Intermediate	22	\$242	\$264	\$220
	7:15-8:30pm	Beginning/Intermediate	22	\$242	\$264	\$220
<b>Thursday</b>	9:15-10:30am	Beginning/Intermediate	22	\$242	\$264	\$220
	5:30-6:45pm	Yin Yoga	22	\$242	\$264	\$220
<b>Friday</b>	5:30-6:45pm	Beginning/Intermediate	22	\$242	\$264	\$220
<b>Saturday</b>	9:15-10:30am	Beginning/Intermediate	22	\$242	\$264	\$220

**Attend as many classes per week as you would like!**

**Join a class at any time during the semester,  
the fee for the class will be pro-rated.**