

HITS THE SPOT YOGA

with Scott Willis

Fall/Winter Semester

Sept 2, 2019 – Feb 15, 2020

Day	Time	Class	Class Mtgs	Fee If paid by Jul 27	Fee If paid by Sep 2	WSESU Hospital, Retreat
Monday	3:45-5:00pm	Beginning/Intermediate	22	\$242	\$264	\$220
	5:30-6:45pm	Beginning/Intermediate	22	\$242	\$264	\$220
Tuesday	9:15-10:30am	Beginning/Intermediate	22	\$242	\$264	\$220
	3:45-5:00pm	Yoga Flow–Meditation in Motion	22	\$242	\$264	\$220
	5:30-6:45pm	Intermediate	22	\$242	\$264	\$220
Wednesday	9:15-10:30am	Beginning	22	\$242	\$264	\$220
	5:30-6:45pm	Intermediate	22	\$242	\$264	\$220
	7:15-8:30pm	Beginning/Intermediate	22	\$242	\$264	\$220
Thursday	9:15-10:30am	Beginning/Intermediate	22	\$242	\$264	\$220
	5:30-6:45pm	Yin Yoga	22	\$242	\$264	\$220
Friday	5:30-6:45pm	Beginning/Intermediate	22	\$242	\$264	\$220
Saturday	9:15-10:30am	Beginning/Intermediate	17	187	\$204	\$170

**Make up missed classes at no charge at the following classes:
Tuesday 3:45pm Tuesday 5:30pm Wednesday 7:15pm Friday 5:30pm**

**You are welcomed to join a class at any time during the semester, space permitting.
The fee for the class will be pro-rated.**