



# Hits the Spot Yoga™ with Scott Willis

## Fall/Winter Semester

September 3, 2018 – February 16, 2019

Day	Time	Class	Class Mtgs	Fee If paid by Jul 28	Fee If paid by Sep 8	WSESU, Hospital, Retreat
<b>Monday</b>	3:45-5:00pm	Beginning/Intermediate	22	\$198	\$220	\$176
	5:30-6:45pm	Beginning/Intermediate	22	\$198	\$220	\$176
<b>Tuesday</b>	9:15-10:30am	Beginning/Intermediate	22	\$198	\$220	\$176
	3:45-5:00pm	Yoga Flow–Meditation in Motion	22	\$198	\$220	\$176
	5:30-6:45pm	Intermediate	22	\$198	\$220	\$176
<b>Wednesday</b>	9:15-10:30am	Beginning	22	\$198	\$220	\$176
	5:30-6:45pm	Intermediate	22	\$198	\$220	\$176
	7:15-8:30pm	Beginning/Intermediate	22	\$198	\$220	\$176
<b>Thursday</b>	9:15-10:30am	Beginning/Intermediate	22	\$198	\$220	\$176
	5:30-6:45pm	Yin Yoga <b>New Class!</b>	22	\$198	\$220	\$176
<b>Friday</b>	5:30-6:45pm	Beginning/Intermediate	22	\$198	\$220	\$176
<b>Saturday</b>	9:15-10:30am	Beginning/Intermediate	16	\$144	\$160	\$128

**Make up missed classes at no charge at the following classes:**

**Tuesday 5:30pm    Wednesday 9:15am    Wednesday 7:15pm    Friday 5:30pm**

**You are welcomed to join a class at any time during the semester, space permitting.**

**The fee for the class will be pro-rated.**